# **Before Microblading Eyebrows**

Microblading results create amazing looking eyebrows, however the procedure is not recommended for everyone. To prevent any complications related to your overall well being, please review the suggestions/requirements and contraindications below.

\*\*\*Appointments typically last 2 hours; babies or children can not be present during your appointment, so please make the necessary arrangements in advance.

## SUGGESTIONS / REQUIREMENTS BEFORE MICROBLADING PROCEDURE:

No Botox treatments should be done 3 weeks prior or 4 weeks after procedure

No chemical peels 60 days before or after procedure (brows will peel quicker due to chemicals traveling under the skin)

No Retinols/Retin-A or other anti-aging/acne creams, or serums containing acids as these will fade brows prematurely

Do not work out or sweat heavily the day of the procedure (Or 1-2 weeks after)

Do not tan or have a sunburned face the day of the procedure

Do not take aspirin, niacin, vitamin E, or ibuprofen 48 hours before procedure (thins the blood)

No waxing or tinting 3 days before procedure

No alcohol or caffeine 24 hrs before procedure

# CONTRAINDICATIONS

#### MICROBLADING IS NOT RECOMMENDED FOR ANYONE WHO IS OR HAS THE FOLLOWING:

Sick with cold, flu, or sinus/respiratory infection (please reschedule your appointment and stay home to recover)

Skin irritations including: sunburn, rash, eczema, shingles, acne, or psoriasis near the treated area

Pregnant or nursing

Under age 18

Skin irritations (sunburn, rash, eczema, shingles, acne) or psoriasis near the treated area

Had Botox within 3 weeks from scheduled appointment

Used Accutane in the past year

## Diabetes

Epilepsy

- Undergoing chemo
- Prone to keloid scarring
- Pacemaker or major heart problems
- Had an organ transplant
- Viral infections and or diseases
- Transmittable blood disease, HIV or Hepatitis