

## **Microblading Eyebrow Aftercare**

### **FOLLOW CAREFULLY**

Following the microblading aftercare instructions is imperative to give your fully healed eyebrows the naturally beautiful look you want. FAILURE TO FOLLOW AFTER-CARE INSTRUCTIONS MAY RESULT IN INFECTIONS, PIGMENT LOSS OR DISCOLORATION.

\*\*\*IT IS EXTREMELY IMPORTANT THAT YOU DO NOT LET ANY WATER, SOAP, LOTION, OR MAKEUP, COME IN CONTACT WITH YOUR MICROBLADED EYEBROWS DURING THE FIRST FOURTEEN DAYS (REFER TO DAY 1 AFTERCARE INSTRUCTIONS FOR THE ONLY EXCEPTION).

While showering keep your face completely away from the shower head, or take a bath to avoid any water from contacting your microbladed eyebrows.

### **AFTERCARE INSTRUCTIONS**

#### **DAY 1**

Each hour for the remainder of the day following the microblading procedure, use a cotton swab to lightly wipe the microbladed area with distilled water.

\*\*\*Rinsing the skin with distilled water helps to reduce scabbing by minimizing the accumulation of lymph, which is what the skin excretes to form a scab.

Use a clean, washed finger or cotton swab to lightly apply the specialized aftercare cream to the microbladed area. Remember, this process needs to be done once an hour for the rest of the day.

#### **DAY 2-7**

Apply the specialized aftercare cream 3 or 5 times per day.

Itching is likely to occur throughout the early stages of the microblading healing process so most clients typically use the cream when they are experiencing itching.

#### **ALL 14 DAYS**

\*\*\*It is critical to avoid the following during all 14 days after your microblading procedure.

Touching the eyebrow area except only when following the aftercare instructions for day one and also days two through seven.

Scratching, picking, or peeling the eyebrow area where the microblading occurred to prevent the pigment from being removed and also scarring

Sun exposure - sun tanning - salon tanning

Laser or chemical peels, and any other form of exfoliation

Exercise - participating in sports and activities that induce perspiration

Long hot baths or showers - jacuzzis - saunas - swimming

Applying any creams to your face or neck containing retinol or glycolic acid

Engaging in tasks that involve heavy household cleaning like the basement or garage where airborne debris is prevalent

Transportation in open air vehicles such as, convertibles, motorcycles, boats, and bicycles

Drinking alcohol in excess, as it can contribute to wounds healing slower

**AFTER DAY 14**

It's now okay to resume all your normal activities except, continue to avoid any creams containing retinal or glycolic acid until after the completion of your microblading touch up appointment, and its healing process as well.